



KI HEIM  
CHAYEINU  
כי הם חיינו



Discover the Joy  
of Shabbos

## A Taste of Shabbat

By HaRav Eli Mansour (shiur E1)

*Your Shabbat is wonderful. Can you imagine improving your experience?*

### *טעמו וראו כי טוב – Taste and see*

There are many ways that we get a 'taste' of Shabbat. One of those is via the study of the *ל"ט מלאכות*, and many took a step in that direction when they recently learned *מסכת שבת*. The *הלכה* gives us a sense and a taste of what Shabbat is meant to be like.

There are also the special *שבת* foods which give us a taste of what the eternal *שבת* is like.

### *סידור של שבת*

But there is another source for discovering and enhancing our taste of *שבת*. That source is the *סידור של שבת*. The *תפילות* are designed to give us a glimpse into the depth of what *שבת* is meant to give us.

The *סידור של שבת* has been studied and analyzed by some of the greatest *תורה* thinkers, both literal and Kabbalistic. You will get an enhanced appreciation for *קדושת שבת* by opening your heart and mind to the explanations being offered.

### *The קדושת ציון of Bobov*

The *קדושת ציון* of Bobov (the second Bobover Rebbe, R' Ben Zion Halberstam, זצ"ל, *הי"ד*) asks how did the Jews fulfil the Mitzvah of *צדקה וחסד* during their sojourn in the *מדבר*? After all, everyone had food and clothing. Nobody lacked for anything under the *ענני הכבוד*.

*The wealthy man was able to invite the poor man to his home to taste some of his מן.*

He answers that a person who was wealthy back in *מצרים* would think of the delicacies that he enjoyed there and his *מן* would taste like those delights that he enjoyed. However, the poor folks had nothing to think of but bread. They thought of bread and their *מן* tasted like plain stale

bread.

The wealthy man was able to invite the poor man to his home to taste some of *his מן*. In that way the poor man could get a taste of fine food and he could then, if he wished, have his *מן* taste that way.

A lesson in helping others taste the fine delicacies of *שבת* applies here as well.



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***Agudath Israel and Ki Heim Chayeinu***

Our good friends at Agudath Israel, through the **כי הם חיינו** program have introduced **בדיבור אחד**, a vehicle to enable each of us to taste the flavor of the **תפילות** and imbibe the atmosphere of **שבת קודש** through the many insights contained in the **שבת של שבת**.

Throughout this program we will have an opportunity to engage in **טועמיה חיים זכו**, whereby we can learn about the exquisite tastes of **שבת** and the **סידור של שבת** and thereby take the flavors of **שבת** home with us to grace our experience of **שבת**.

***Takeaway: I will try to dedicate a few minutes of my week to learning about the experience of תפילות של שבת and the שבת.***